**National Youth Championship - Central District Heat**

**21st July 2019 Promoted by Matlock CC/Stanley Ferns Cycles/Chubb & Co/HGI for and on behalf of Cycling Time Trials under their Rules and Regulations**

**Course** :A10/C 10 miles/7+ laps starts just before the finishing line. Darley Moor Circuit, Ashbourne.

**Getting there** : Darley Moor is on the east side of the A515 about 2 mile south of Ashbourne, just after the long hill. Darley Moor is signed off the A515

**Event HQ** : Darley Diner. No gear restrictions. However it is worth noting that the course record 21 - 12 was done on a restricted gear. Signing - on sheets and numbers will be in the Darley Diner. Please return you number to the Diner after your ride, if you are not riding in the afternoon.